

Make a Playdough Dinner Plate



We have endless fun roleplaying meal times in our setting. Simply get your child to think of a meal that they would like to make for you to eat, then ask them to create it out of playdough. **Talk to them:**

“So how are you going to make it?”

“Can you make me some peas to go with my dinner?”

“How are you going to make it for me?”

“Do you need to roll, squeeze or squash the dough?”

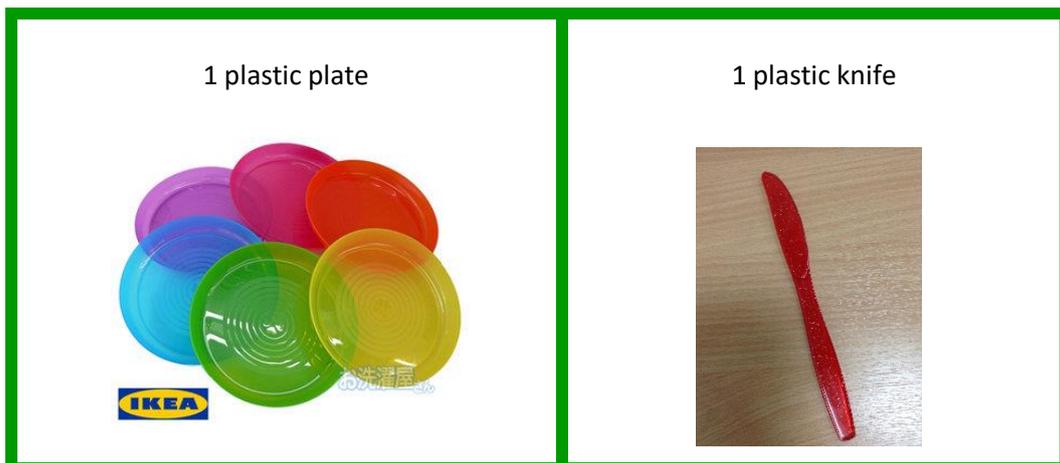
“How could you make a sausage?”

“Can you think of a food that is longer and thinner than a sausage?”

“Try to make something shorter?”

The children have been taking part in dough gym throughout the term. They should be able to tell you all about the things that they do in their dough gym sessions. We have also focused on comparative language: shortest, shorter, longer, longest. Try making 3 sausages and ordering them according to length.

You don't need many resources for this but a plate and a round tipped knife would be useful:



If you don't have any playdough, here is a recipe that we use. The children make it with us from fresh most days:

2 cups of plain flour, 1 cup of salt, 2 cups of boiling water , 2 tbsps of oil, 2 tbsps of cream of tartae

Put all the ingredients in a bowl adding the boiling water and oil last of all. Please be careful and use a large plastic/wooden spoon as the mixture is incredibly hot to begin with. Keep checking the temperature before allowing children to use it. Adding food colouring and glitter can be added too!