



The Acorns Primary and Nursery School PE Sport Grant Awarded 2023-2024

The Acorns Primary and Nursery School have achieved a **Gold Rating** in the Department for Education Healthy Schools Rating Scheme. We have achieved this by adopting rigorous systems to ensure pupils are offered the best guidance, opportunities, and support to make healthy choices and to succeed well, not only in Physical Education lessons, but as a healthy individual. We are an active school: we ensure PE lessons are active and of a high quality. Pupils are offered a wide range of after-school clubs, and we ensure there are multiple opportunities across the school day for every child to be active for at least 30 minutes. We also continue to educate our children to live safe and healthy lifestyles, whilst providing exciting opportunities to engage and inspire them within sport. We will, once again, achieve the School Games Gold Mark through our continued work with our local Schools Sports Partner. Our aim for 2023-2024 is to become a Platinum School Games School. This is an outcome of being awarded 'Gold' status for 5 years running.

Our Vision for 2023-2024: Our Sports Leaders will play a more active role in making everyone at The Acorns Primary and Nursery School healthier and more active. We will form stronger relationships with our PE linked Governor to ensure there is appropriate challenge and support for school sport at The Acorns. Pupils with SEND will receive a range of extracurricular opportunities.





The Primary PE and sport premium

Planning, reporting and
evaluating website tool

Updated September 2023



Commissioned by



Department
for Education

Created by





Schools must use the funding to make **additional and sustainable improvements** to the quality of the PE, School Sport and Physical Activity (PESSPA) they offer. This means that you should use the Primary PE and sport premium to:

- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years
- Develop or add to the PESSPA activities that your school already offers.

The Primary PE and sport premium should not be used to fund capital spend projects; the school's core budget should fund these. Further detail on capital expenditure can be found in the updated [Primary PE and sport premium guidance](#).

Review of last year's spend and key achievements (2022/2023)

Activity/Action	Impact	Comments
<p>We introduced a range of intervention, including growing and cooking club, to achieve a gold rating from the Healthy Schools Rating Scheme (DfE).</p> <p>Inactive pupils were targeted for additional PE intervention.</p> <p>Across the school year, 19 sports clubs were offered to pupils. 380 places were allocated with 59% of these being eligible for pupil premium funding and 8% of these being pupils with SEND. Pupil voice was key in the clubs we offered, as well as ensuring clubs provided pupils a pathway into competition.</p> <p>All pupils in Y5&6 had access to a Moki band this year, which allowed them to track the number of steps they took each day. Pupils enjoyed finding out their total and trying to beat it the next day.</p> <p>A new approach to school swimming has allowed all classes (Y3-6) to attend swimming for at least 6 weeks.</p> <p>The Acorns' partnerships with external agencies has grown further this year. We now have</p>	<p>We now demonstrate what is needed to be considered a 'Healthy School'.</p> <p>Pupils are making healthier snack choices and are drinking more water across the school day.</p> <p>Pupils are more active throughout the school day. Not only do they receive 2 hours of high-quality PE, but they have various opportunities across the school day to be active. This includes an extensive extra-curricular program.</p> <p>20 pupils received an additional 2 hours of high-quality gymnastics, delivered by a Beth Tweddle Gym coach to support their physical development and mental health. They received 7 weeks of intervention in addition to their usual PE lesson.</p> <p>More pupils than ever before participated in extra-curricular sports. More Acorns pupils than ever before entered SSP competitions. Performance at competitions and events was better than ever.</p>	<p>Pupils had a voice in choosing after school clubs and supported staff to better understand snack choices.</p> <p>Targeting our inactive population will now be a feature of what we offer at The Acorns.</p> <p>Once again, after-school clubs will be linked to upcoming competitions.</p> <p>Plans are in place to extend our HAF to include a winter camp, running during the Christmas break.</p> <p>Our PE lead is in close contact with Brio Leisure to create a plan to increase the number of pupils engaging in regular swimming, beyond the school swimming offer we have in place.</p>

<p>strong links with Cheshire Roar (girls basketball) where some of our pupils attend training sessions.</p> <p>An Easter and Summer holiday club was held at The Acorns. The club allowed 30 pupils the chance to attend active and engaging holiday activities. The club is free to parents.</p> <p>All staff received high quality CPD through Beth Tweddle Gymnastics.</p> <p>The Acorns run a 'Daily Mile Day' which raised over £2500 for the school's PTA. All pupils (rec-Y6) were involved.</p> <p>The Acorns participated in 17 sports competitions, involving 180 pupils (58% pupil premium & 10% SEND) this year. This is the most we have ever entered.</p>	<p>Pupils are now having more opportunities to swim each year. Pupils from The Acorns participated in our very first SSP swimming gala – earning a silver medal.</p> <p>More pupils, especially our most disadvantaged, have had free meals and free activity clubs to attend during school holidays</p> <p>Staff feel well supported and have been up-skilled in the delivery of high quality gymnastics. All staff play an active role in the delivery of Gymnastics and have access to high quality documentation and resources.</p> <p>The profile of 'daily mile' has been raised and is one of the interventions we offer to ensure pupils have access to 30 minutes of active time each day.</p> <p>Our successes this year included finishing in 2nd place at the girls basketball comp, finishing 2nd and 3rd at the SEND bowling competition, our Y4 football team not losing a game during their competition and participating in our very first swimming gala.</p>	
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Key Indicator 1: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
<p>2 hours a week over 12 weeks for 2.5 terms. PE Planning, delivery, assessment and staff CPD supported by Beth Tweddle Gymnastics</p> <p>PE Teaching Resources (PE Hub)</p> <p>PE Coordinator Training – ongoing through EPORTSSP</p> <p>New equipment ordered to improve quality and range of PE lessons across the school (including specialist PE equipment for EYFS and SEND)</p> <p>Allow staff access to high quality CPD when needed</p>	<p>All staff will have access to the PE CPD based on their needs. This will ensure all PE lessons are never less than good and all lessons have the equipment needed to run successfully</p>	<p>All PE teaching across the school is consistently never less than good</p> <p>Teachers begin to lead more sessions throughout the year, building to full sessions with Gymnastics</p> <p>All staff are confident in using the PE hub resources – additional training to be given by PE SL</p> <p>Progression in technical, tactical and dance skills can be seen for all children in sports and dance lessons over time</p> <p>Judo Education to run 6 full days of Fencing, Judo and Archery across the year</p>	<p>Support from Beth Tweddle Gym continues to be of the highest quality. Pupils receive high quality, engaging gym lessons that they enjoy, while staff receive firsthand, quality CPD.</p> <p>We have sought additional CPD from Cheshire Cricket and Progressive Sport. This has supported 5 additional teachers across school with delivering high quality dance and cricket lessons, in addition to their usual PE delivery.</p> <p>PE Hub continues to provide excellent planning, resources and assessment support for all teachers.</p> <p>PE equipment is well stocked and of a high quality. Additional equipment has been selected to improve teaching and learning,</p>	<p>Beth Tweddle Gymnastics: £10,101.50 for every teacher to have at least 6 weeks of CPD</p> <p>PE equipment: £250 to ensure high quality PE provision</p> <p>Staff specific CPD - part of EPORT SSP membership: £1300</p> <p>PE Hub Membership: £350 to ensure staff have access to quality lesson plans and curriculum resources</p>

			<p>which it has. It has also added to the excitement of Sports Day (howlers) and supported pupil engagement in athletics lessons.</p> <p>A member of the KS1 staff attend SSP CPD on high quality PE delivery. They benefitted from this greatly.</p> <p>A member of the KS2 teaching team, who has a pupil with visual impairment in her class, attended a CPD course for adaptations in PE. This has greatly benefitted her delivery in PE lessons and had a positive impact on the pupil.</p> <p>Support from SGO remains high. The school has benefitted from this in many ways.</p>	
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Key Indicator 2: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
<p>Free after school clubs for all pupils to ensure there are no barriers to PE engagement</p> <p>Clubs to include Gymnastics, Football and Netball</p> <p>Sports Coaches to be utilised to provide a huge range of opportunity for every child at The Acorns to participate</p> <p>Offer high quality swimming lessons for children in years 3-6</p> <p>Young leaders support adults to ensure break times are highly active</p> <p>Pupils to continue to track their steps through the yearly MOKI challenge</p> <p>Provide additional swimming 'booster' session for pupils in Y6 identified as at risk of not reaching the end of KS2 expectations</p> <p>Health and well-being club to provide pupils support</p> <p>Those classified as 'inactive' to receive additional PE lessons for a 6 week period</p>	<p>All pupils receive 2 hours of quality, planned and well-resourced PE lessons a week</p> <p>The PE curriculum will focus on pupils becoming confident and skilled in specific sports</p> <p>Breaktimes are highly active, which support pupils to reach the target of 30 mins physical activity a day</p> <p>A range of ASCs are offered to meet the needs of all pupils</p> <p>Pupils feel empowered by having a voice in regards to school sport</p> <p>Those in need will receive a weekly well-being club, with particular focus on good diet</p> <p>Those in most need of targeted support receive this</p>	<p>The Acorns becomes an even more active school in the areas of:</p> <ul style="list-style-type: none"> -PE Lessons -Active break and lunch times -CPD for Staff -Physical and mental wellbeing <p>Break and Lunch times are active for all children, including those classed as 'inactive'</p> <p>Children understand the importance of daily activity and strive to 'get their steps up!'</p> <p>A wide range of extra-curricular clubs are on offer to ensure each child has a chance to participate</p> <p>Signpost parents to additional swimming opportunities throughout the year</p> <p>Our most 'inactive' pupils develop better physical literacy and a better understanding of the benefits of regular exercise</p>	<p>Across the year, we have offered 19 free ASCs linked to sport or healthy living. This allowed 390 spaces for pupils to attend. Attendance at all clubs was strong throughout the year. The clubs offered matched the SSP competition list, which benefitted pupils' preparation and performance.</p> <p>A Summer Term lunch time cricket club was held in KS2 with high success.</p> <p>Parents and pupils received many signposts to local sports clubs and activities. This year, we targeted this much more for pupils with SEND, with activities such as NAK and PAN football, and for the less active population, with activities such as table tennis.</p>	<p>Free PE kit for all scheme - £250</p> <p>Chester FC £1570 – for both a Girls and Boys football club all year round</p> <p>AW Coaching £1500 – for a range of ASCs throughout the year</p> <p>BT Gymnastics – part of overall cost - for a KS1 and KS2 gymnastics club all year round</p> <p>Swimming booster sessions part of Annual EPORT SSP - £1300</p> <p>Young Leaders training and development through the EPORT SSP - £1300</p> <p>Passion for Learning 'well-being' club - £1200 for an hour club each week of term time</p> <p>Targeted pupil additional PE sessions - Free</p>

			<p>Sports crew, and other pupils, have been conferenced on multiple occasions to share their thoughts on ASCs and which activities they would like. This has resulted in a dodgeball competition being run in school and a cricket project, which included a lunchtime and ASC.</p> <p>The 4 classes deemed to have the highest proportion of inactive pupils received a 6 week cricket project. Pupils engaged well and the session, run by Cheshire Cricket, were excellent.</p> <p>Every pupil in Y3-6 has been swimming for at least a 5 week period. Confidence and ability has progressed well in all. Pupils have been tracked and will swim again each year between Y3 and Y6.</p> <p>Break times at The Acorns are highly active. Sports leaders have created 'zones' to</p>	
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			<p>support pupils to understand what they can do in the playground. These include, 'personal best' challenges.</p> <p>Growing and cooking club, as well as well being club, has supported pupil to better understand physical and emotional</p>	
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Key Indicator 3: The profile of PE and sport is raised across the school as a tool for whole-school improvement

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
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<p>To ensure that pupils have every opportunity within the school day to be active for at least 30 minutes</p> <p>Holiday clubs, run by Striker Academy, to become a regular offer at The Acorns</p> <p>The Acorns are to continue to be a healthy school:</p> <ul style="list-style-type: none"> - Offer a growing and cooking club - Use produce from school as snack / in cooking - Healthy living a feature of the curriculum - Healthy snack promoted - Importance of drinking water known <p>Profile of PE raised through the school's house system</p> <p>Whole school initiatives provided by SGO (Mark Poole)</p> <p>Our link governor is fully aware of how the PE and Sports Grant is effective spent at The Acorns</p>	<p>Our pupils will benefit from being regularly active and knowing the benefits of a healthy diet</p> <p>Outside of term times, our pupils are supported to have active and healthy days</p> <p>Pupils are inspired by meeting professional and amateur sports people</p> <p>All governors should have an accurate knowledge of school sports and PE and can challenge accordingly</p>	<p>Work alongside Active Cheshire to ensure break times promote physical activity</p> <p>Use existing facilities / resources to promote the importance of being active</p> <p>Striker Academy holiday clubs will run in Easter (2 weeks) & Summer (4 weeks)</p> <p>Pupils engage in additional sports events as part of their house</p> <p>PE lead and link governor meet termly</p> <p>Link governor observes PE lessons, reviews curriculum documentation and speaks to pupils</p>	<p>With the combination of weekly 2-hour PE lessons, active play and lunchtime, a range of ASCs and competitions and active learning, where appropriate, pupils have had access to at least 30 minutes of physical activity within school. Pupils love being active at The Acorns and report that it helps them to focus and feel good.</p> <p>HAFs are now run by The Acorns staff. We receive funding and run it completely in-house. Uptake for HAFs is excellent and we have run clubs at Easter, Christmas and Summer. Clubs promote physical and mental wellness.</p> <p>The school has rated itself Gold on the Healthy Schools rating scale. Growing and cooking club, as well as science & DT projects, have allowed pupils to grown, cook and contribute more to the schools healthy ethos. Pupils only eat healthy snack and reuseable water bottles are expected for all pupils.</p>	<p>Holiday clubs: funding gained from Edsential / Packed lunches for pupils provided by PTA</p> <p>Young leaders training and development as part of the EPORT SSP - £1300</p> <p>Whole school initiatives, such as GULP (Give Up Loving Pop) provided as part of the EPORT SSP - £1300</p>
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			<p>Mark Poole has support the school with a GULP and physical active assemblies.</p> <p>Our link governor has visited twice this year and has spoken to pupils about their thoughts and feelings around PE and The Acorns being a healthy school.</p>	
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Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
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<p>Cheshire Phoenix to Hoops4Health Programme for KS2 children across the year</p> <p>Cheshire Phoenix aspirational visit + matchday experience</p> <p>Through our partnerships with Cheshire Phoenix and Chester FC, we received a season ticket pass for the year</p> <p>Guest speakers to inspire pupils within sport – Athlete Visits etc...</p> <p>Enrichment opportunities will be offered in a range of lesser profile sports</p>	<p>Pupils will be educated in holistic healthy living</p> <p>Pupils and families will enjoy live sport experiences</p> <p>Pupils will be enthused and inspired by professional sports visitors</p>	<p>Children will develop their knowledge in three areas: healthy eating, anti-smoking and basketball skills</p> <p>Hoops4Health program to be run for years 3,4,5 & 6</p> <p>The season ticket will allow families to experience their first Cheshire Phoenix game and Chester FC match.</p> <p>Pupils have at least one moment of inspiration across the year</p> <p>Pupils engage in a wide range of sports and activities outside of the PE curriculum</p>	<p>Hoops 4 Health workshops were well received. Pupils knowledge of what makes a healthy diet is growing in confidence and accuracy.</p> <p>Pupils have accessed the Cheshire Phoenix and Chester FC season tickets all year. Success can be seen on X (formally Twitter).</p> <p>Our Team GB athlete visit was a highlight of the school year. School raised a huge amount of money for equipment, which resulted in us purchasing an outdoor table tennis table, and pupils were inspired by Michael Churm, a former team GB Paralympian. This was most impactful for our pupils who have cerebral palsy, like Michael.</p>	<p>Cheshire Phoenix aspirations visit & Hoops for Health Programme: as part of SSP membership - £1300</p> <p>All guest speakers to be part of SSP or funded by school sponsorships</p> <p>Judo, Fencing & AWP Coaching sessions - £1700</p>
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Key Indicator 5: Increased participation in competitive sport

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
<p>Full engagement with the Ellesmere Port School Sports Partnership</p> <p>Specialist coaching in Gymnastics (2x after school clubs) and Football (Girls and Boys)</p> <p>Teacher/Teaching Assistants released to attend competitions or to prepare for competitions</p> <p>Parental engagement / communication continues to be strong with Sport</p> <p>Sports Day (House teams) in the Summer Term to allow children to participate in inter school sport</p> <p>Pupils to receive an Acorns team kit when participating</p>	<p>Pupils attend 'Celebrate' events in order to gain a taste for a sport – these may be part of the 'inactive' population</p> <p>Pupils to attend 'Aspire' events as they have attended an ASC and look to upskill</p> <p>Pupils who show confidence in a particular area will access 'Inspire' events</p> <p>All pupils engage in sports day and other house related sports activities</p> <p>Pupil feel proud to represent Team Acorns</p>	<p>The Acorns will participate in all School Games across the year including Football, Basketball, Netball, Athletics, Gymnastics and Golf</p> <p>This will be communicated with the community via school newsletters and Twitter</p> <p>For all children across the school to have participated in sporting activities with a sense of competition</p> <p>Every pupil who attends a competition or event goes dressed in Team Acorns kit – excluding KSI multi-skills event</p>	<p>This year, we attended 25 sports competitions over the year. This is a record high for The Acorns and one of the highest for schools in our SSP. Many pupils attended their first, and boys and girls had equal access to all sports events and competitions.</p> <p>All pupils wore school sports kit to events, raising the profile and celebrating the success of being selected for Team Acorns.</p> <p>Parent participation and engagement with sports events was extremely high. Many parents have attended sports competitions across the year and celebrated with their children.</p> <p>Sports day was a huge success and attended well. Pupils competed in House Teams, which was highly enjoyable and supported feelings of belonging and strengthened relationships.</p>	<p>Engagement in SSP competitions part of EPORT SSP £1300</p> <p>ASC programme – cost outlined in Key Indicator 2 – pupils who attend competition to access ASC provision</p> <p>Team Acorns sports kit – gained through funding from Passion4Learning</p>

Key achievements 2023-2024

This template will be completed at the end of the academic year and will showcase the key achievements schools have made with their Primary PE and sport premium spending.

Activity/Action	Impact	Comments
Chance to Shine Cheshire Cricket Project Number of Sports Competitions attended SEND provision Stronger leadership through working with link governor Young Leaders to become more engaged leaders Platinum Award Achieved!	<p>4 class sessions, plus lunch time and ACSs for 6 weeks provided pupils with an excellent introduction to the sport of cricket. This was in addition to their PE lessons. Pupils engaged well and vastly improved their thoughts and feelings towards the sport, as well as their skill and knowledge in and of the sport of cricket – pupils and parents were directed to a local evening cricket session at a local high school</p> <p>25 competitions and events across the year is a huge amount. This is an increase of 8 from last year. This allowed over 230 pupils to engage in a range of pathways into sport. 62% of these were pupil premium eligible, while 12% were pupils with SEND</p> <p>The number of pupils who attended sports events (25), and the proportion who attended ASCs regularly (9%) is a cause for celebration. Pupils felt proud to represent and had access to games they had never</p>	<p>We will be looking to run this project again next year for 4 more classes in Summer Term</p> <p>Now we know we have capacity to attend so many events, this can be something we aim to do each year</p> <p>Provision for pupils with SEND in PE is of high priority. Curriculum documentation sets out adaptations we can use and we have many areas of support from outside agencies</p> <p>Our link governor will visit termly and have a different focus each term – next years' priorities will be: quality of PE lessons; adaptations for SEND; pupil view of competition/events</p> <p>Young leaders will continue to work with the sports lead. They will focus on running lunch and ASCs next year, with</p>

	<p>played before, such as NAK and boccia</p> <p>Our link governor is an employee of Active Cheshire, so extremely experienced in this field. He has attended twice this year to look at documentation, budgets and to speak to our young leaders. Both visits have been extremely worthwhile and he has suggested some things we will take further</p> <p>Our young leaders have worked hard to improve our playgrounds. They have created areas of activity and have worked well to organise equipment and support pupils</p> <p>This year, we achieved a Platinum sports mark! This is a result of gaining Gold for 5 straight years and for demonstrating our constant drive to improve school physical and mental well being</p>	<p>particular focus on Dodgeball!</p>
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Swimming Data

Meeting National Curriculum requirements for swimming and water safety.

Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study

<u>Question</u>	<u>Stats:</u>	<u>Further context</u> <u>Relative to local challenges</u>
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	56%	47% of pupils in Y6 receive pupil premium funding and are therefore classed as disadvantaged. There are many barriers to swimming our pupils face, which prevents them from regularly swimming: transport; cost of swimming; parent anxieties; pupil anxieties.
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	47%	All pupils in KS2 receive 6 weeks of swimming a year. We made this change at the start of the 2022-2023 academic year to ensure pupils swim every year for the final 4 years of their primary education. This means that for the remaining 30 weeks of the school year, some pupils have no access to swimming. 6 weeks is not sufficient enough to develop a range of strokes effectively, and we must support pupils to be able to safely swim a distance before developing a range of strokes.
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	56%	
If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?	Yes	As part of our SSP, we utilise the top-up swimming programme. Our PE Subject Leader and Deputy Headteacher is working closely with Brio and our local School Games Officer to find additional ways of funding school swimming top-up provision. This will include an element of in school practical and theory-based water safety.
Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?	Yes	We currently have 3 members of staff who are trained to instruct swimming.

Sports Premium Total Allocation 2023-2024: £18,520.00

Signed off by:

Head Teacher:	Hannah Broom
Subject Leader or the individual responsible for the Primary PE and sport premium:	Nathan Painter Deputy Head Physical Education Subject Leader
Governor:	Nont lamkamphaeng
Date:	20/09/23