



Autumn/Winter 2020 Menu Week One

Acorns Primary



Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course 1	Traditional Sausage & Mash	Winter Chicken Casserole With Boiled Potatoes	Roast of the Day & all the trimmings	British Savoury Beef & onion pie with Mash	Battered Fish and Chips
Main Course 2 (V)	Vegetable Sausage & Mash	Margherita Pizza with ½ Jacket Potato	Quorn Roast & all the trimmings	Mac n Cheese (v)	Vegetable Curry & Wholegrain Rice (v)
Vegetables	Cauliflower Mixed Vegetables	Broccoli Winter Coleslaw	Savoy Cabbage Sweetcorn	Green Beans Carrots	Garden Peas Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Snack/Handheld Option	Cheesy Bean Toastie	Tuna, Cheese, Ham or Egg Sandwich	Hot Roast Bap	Loaded Pizza Muffins	Sweet Chilli Chicken Baguette
Dessert	Ginger Sponge Vanilla Sauce/Custard	Fruity Flapjack & Apple Slices	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard	Oaty Biscuit/Shortbread & Fruit Wedges

Available Daily Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts





Autumn/Winter 2020 Menu Week Two

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Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course 1	Beef & Tomato Meatballs in Tomato Sauce with Organic Pasta	The Great British Breakfast – Bacon, Scrambled Egg, Beans & Mushrooms	Roast Gammon with all the trimmings	(Organic) Beef Pasta Bolognese & Garlic bread	MSC Salmon Fish fingers or MSC Pollack Fish Fingers and Chips
Main Course 2 (V)	Quorn Meatballs in Tomato Sauce	Tomato and Basil Pasta	Quorn Roast & all the trimmings	British Cheddar Quiche/Flan or Vegetable Grill with Potato Wedges	Quorn Fajita & Chips or Vegetable Sausage Fajita
Vegetables	Garden Peas Fresh Salad	Carrots Green Beans	Cauliflower Mixed Vegetables	Broccoli Sweetcorn	Garden Peas Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Snack/Handheld Option	Tuna, Cheese, Ham or Egg Sandwich	Tuna, Cheese, Ham or Egg Sandwich	Hot Roast Gammon & Stuffing Baguette	Baked Bean & Cheddar Baguette	Fish Finger Sandwich
Dessert	Hot Chocolate Fudge Cake with Custard	Cornflake Tart & Custard	Shortbread & Fruit	Feathered Jam Sponge & Custard	Ginger & Mandarin Muffin

Available Daily Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts





Autumn/Winter 2020 Menu Week Three

Acorns Primary

Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course 1	Beef Burger in a Bun & Homemade Wedges	Bangers & Mash	Roast Turkey all the trimmings	Homemade Chicken Pie & Mash	MSC Fish Fingers and Chips
Main Course 2 (V)	Veggie Burger in a Bun	Cheesy Margherita Pizza	Quorn Roast & all the trimmings	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Nuggets and Chips
Vegetables	Sweetcorn Carrots	Broccoli Fresh Salad	Cauliflower Garden Peas	Mixed Vegetables Savoy Cabbage	Garden Peas Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans, Jacket of the Day				
Snack/Handheld Option	Tuna, Cheese, Ham or Egg Sandwich	Tuna, Cheese, Ham or Egg Sandwich	Hot Roast Turkey Baguette	Barbecue Chicken Sub	Fish Finger Sandwich
Dessert	Apple Crumble served with Custard	Lemon Slice	Chocolate Crunch served with Custard	Marble Sponge served with Custard	Crunchy Biscuit served with Apple Slices

Available Daily Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

